## Dear friends

As a cosy new season approaches and our favourite autumnal activities begin once more, we have been reflecting on a glorious joy-filled summer at Bramley Court.

## BRAMLEYCOURT CARE HOME



## Day trips

Over the last few months our residents and team members have set out on many lively minibus adventures. There have been day trips to the seaside where we ate fish and chips on the pier (and fed some to the seagulls) finished off with ice cream on the beach! We enjoyed our annual scenic trip along the River Ouse with the Ladybird Boat Trust, soaking up the beautiful sights and sounds, and feeding the ducks. We are so lucky there is all manner of nature (and adventure) right on our doorstep and, with our own minibus on hand, we are only a short ride away!


## Celebrating our superheroes

Our residents together with their loved ones recently celebrated our team who together make such a difference to their lives every single day! We are always looking for fun and heartfelt ways to recognise and reward those who make our home joyous and our residents' days purposeful. So, we hosted a wonderful event that brought everyone together for a day of music, dancing, food and fun! Each team member was also presented with a personalised water bottle, a pin badge and thank you card with meaningful messages from residents and their families as to why they make life at Bramley Court extra special for us all!


## Local friends

A big part of our residents' lives at Bramley Court involves our local community, and over the past few months they have been busy with all manner of fun activities. Our ladies had a great time creating some incredible floral displays for the Village Flower Festival. Later, we took part in the first session of a year-long International Music Therapy study which everyone enjoyed in their own way, from singing to toe tapping, to busting out the dance moves! Then, together with Nurse Jade, some of our residents decided to swim 10 miles over 30 days at the Spirit Health Club in Cambridge to raising over $£ 900$ for the local Alzheimer's Society. Such an inspiration!


With love,

## Judith Wroe

Home Manager
Bramley Court Care Home, Chivers Way, Histon, Cambridge CB24 9AH, Tel: 01223622448

## We always love reading your comments on Facebook! Here are a few recent ones:

"What a wonderful trip for the Bramley family! Looks like lots of fun, relaxing, wonderful views and treats too." Madeleine
"So pleased you all had a great time and the photos are fab." Tracey
"Wonderful photos, everyone looks so happy, well done to you all at Bramley." Dian

